



Slow Read; Deep Listen

a soul care guide

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As you introduce the spiritual practice of Slow Read; Deep Listen to others, it may help to think of the difference between a fast food drive through lane and lingering at a luxurious banquet meal. It takes time to be truly nurtured by the Word. Only by **savoring the Word** will we know the logos [written or spoken word] of God and experience the rhema [a word applied with specific and personal meaning] of God in order to enrich our relationship with Jesus, the Living Word.

Slow Read, Deep Listen is an invitation to read a small part of Scripture multiple times, **listening to God** each time at a deeper and deeper level and then responding to the invitation He offers to us.

Begin by taking at least a full minute to **sit in silence**, unplugging from the hurry and stresses that distract us from hearing from God.

Remind the group of **the purpose of each step** every time the passage or verse is read aloud.

Read Scripture slowly, thoroughly, thoughtfully, pausing often. Usually it helps to have one person read Scripture aloud while the rest of the group just listens.

After each time the Word is read, provide time for the group to **talk to the Lord** privately / silently about what they have noticed or heard from Him.

After participants **communicate with the Lord** at each step, invite them to **share with the group** the details that stand out, the questions that they are asking, the feelings that have been generated, the answers they receive from God, and the specific invitations they are responding to.

Savor the Word of God as you do a **Slow Read; Deep Listen**.

1-Big Picture

Read the whole passage slowly, thoughtfully

2-Little Details

Listen for a word or phrase that stands out

3-Come closer/Be Curious

Explore the passage with many questions; notice your feelings

4-Personal Invitation

Listen for God's answers and respond to specific invitations from Him related to what you have heard

