

Stillness

... a way of “being” when we slow down,
turn down the noise, to intentionally
be present with God.

Settle into a place of quiet.
Seek out solitude, silence, slowing, simplicity.

Reflect on who God is.
Remember who I am - and whose I am.
Revel in my belovedness.
Rest in God’s love, His goodness, His power.

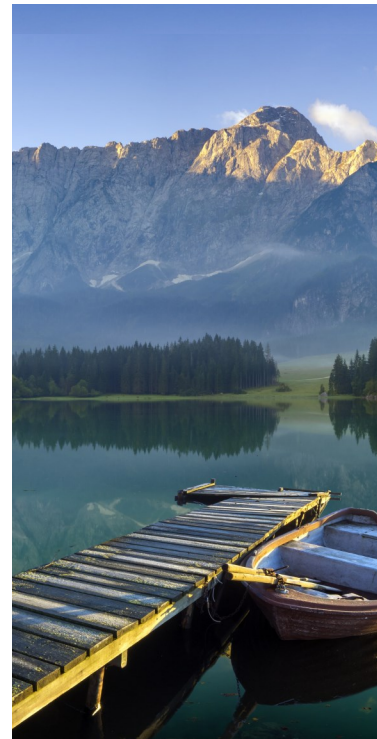
Take a seat. Stay awhile. Be still.

*Surrender your anxiety.
Be still and realize that I am God.
I am God above all the nations, and
I am exalted throughout the whole earth.*

Psalm 46:10



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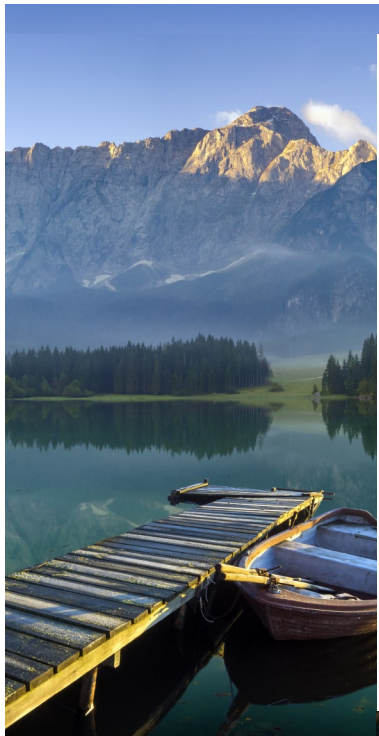
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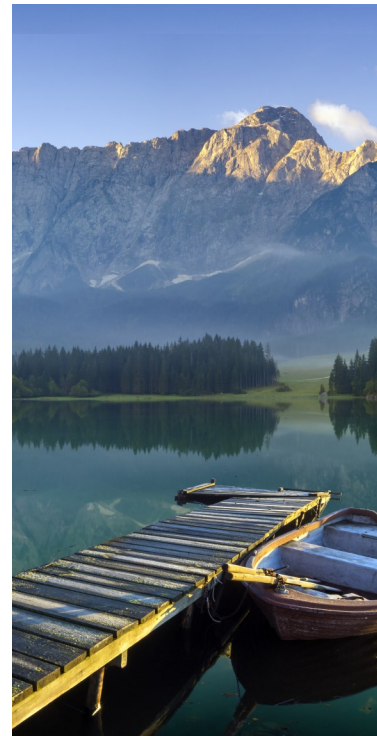
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