

# Long Look; Deep Listen



1 – **Big Picture:** In a quiet place, pause and linger as you look at art or nature.

2- **Little Details:** Notice the small things that God is calling to your attention.

3- **Come closer/Be curious:** Explore what you see with lots of questions.

What part of God is reflected in this?

What word describes your emotions?

How does this reflect who you are - and where you are in relationship to God?

Ask God: What do You want me to see in this that reveals what I really desire? What do

You want me to remember as I give this a long look? What are You inviting me to?

4- **Personal Invitation.** Listen for God's answers and respond to specific invitations related to what you have seen and heard.

*The heavens declare the glory of God, and the sky above proclaims His handiwork. Psalm 19:1*